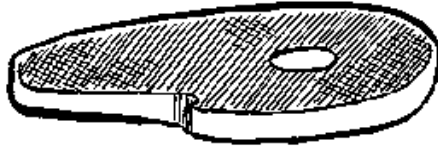


Function Junction

Food supplies vitamins and minerals to help your body grow. Each vitamin and mineral has a special job. Since no food has all the vitamins and minerals you need, it's important to eat lots of different foods. Try to match the food that supplies either a vitamin or mineral with its job.



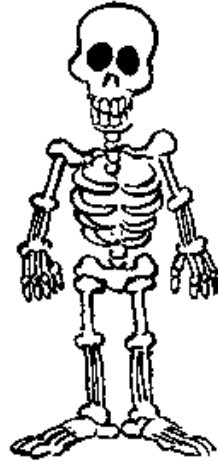
IRON



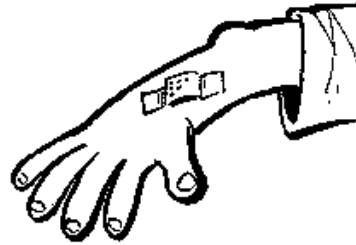
VITAMIN C



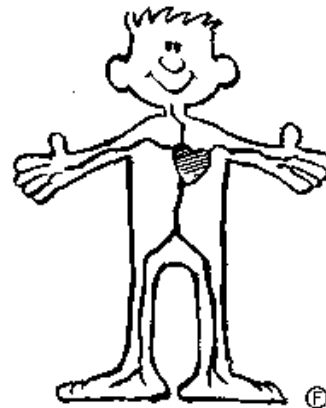
CALCIUM



BONES



HEALING



BLOOD

Answers: A steak has iron which helps blood, an orange has vitamin C which helps healing, milk has calcium which helps bones.